

<b>Year 7 Winter: What we will study</b> <p><b>Building relationships:</b> Self-worth and friendships (including online) and relationship boundaries</p> <p><b>Emotional wellbeing:</b> Mental health and emotional wellbeing, including coping strategies &amp; sources of support</p> <p><b>Safety:</b> Staying safe around open water, fire safety, online safety &amp; gaming</p>	
<b>Spiritual</b> 1. Understanding and respecting different beliefs, feelings and values Reflecting on experiences 5. Developing and expressing personal feelings, beliefs and values	<b>Moral</b> 2. Recognising the difference between right and wrong 3. Understanding the consequences of actions 4. Reflecting on moral and ethical issues 5. Developing and expressing personal views and moral values
<b>Social</b> 1. Developing social skills 4. Reflecting on and being able to resolve conflicts effectively	<b>Cultural</b>
<b>Year 7 Spring: What we will study</b> <p><b>Puberty:</b> Healthy routines, influences on health, puberty.</p> <p><b>Safety:</b> Domestic abuse, signposting and sources of support. Online safety around nudes and risky behaviour, selfie safety and online presence.</p>	
<b>Spiritual</b> 4. Reflecting on experiences 5. Developing and expressing personal feelings, beliefs and values	<b>Moral</b> 1. Exploring different moral codes and values 2. Recognising the difference between right and wrong 3. Understanding the consequences of actions 4. Reflecting on moral and ethical issues 5. Developing and expressing personal views and moral values
<b>Social</b> 5. Understanding the way communities and societies function at a variety of levels	<b>Cultural</b>
<b>Year 7 Summer: What we will study</b> <p><b>Health :</b> Smoking and vaping, the law and the health risks, drugs – case study on caffeine and then the law on illegal drugs. Bacteria, Viruses &amp; Hygiene</p> <p><b>Citizenship :</b> A look into the courts and criminal justice, what the UN is and where Human Rights originated from, Multicultural Britain and British Values &amp; the laws around drugs.</p>	
<b>Spiritual</b> 4. Reflecting on experiences 5. Developing and expressing personal feelings, beliefs and values	<b>Moral</b> 1. Exploring different moral codes and values 2. Recognising the difference between right and wrong 3. Understanding the consequences of actions 4. Reflecting on moral and ethical issues 5. Developing and expressing personal views and moral values

<b>Social</b> 2. Working with and socialising with pupils of different religious, ethnic and socio-economic backgrounds 5. Understanding the way communities and societies function at a variety of levels	<b>Cultural</b> 1. Understanding and appreciating the wide range of cultural influences that have shaped personal values and identity 3. Exploring, understanding, celebrating and respecting cultural diversity in local, national and global communities
--	--

#### Year 8 Winter: What we will study

**Identity and relationships:** consent, 'sexting', and an introduction to contraception. FOMO and positive relationships with peers. The media and its impact on self esteem. Emotional Literacy and expressing emotions, Peer pressure.

<b>Spiritual</b> 4. Reflecting on experiences 5. Developing and expressing personal feelings, beliefs and values	<b>Moral</b> 1. Exploring different moral codes and values 2. Recognising the difference between right and wrong 3. Understanding the consequences of actions 4. Reflecting on moral and ethical issues 5. Developing and expressing personal views and moral values
---	---

<b>Social</b> 1. Developing social skills 3. Cooperating well with others 4. Reflecting on and being able to resolve conflicts effectively	<b>Cultural</b>
--	-----------------

#### Year 8 Spring: What we will study

**Community & British Values:** Being British, Multi cultural Britain, **Discrimination:** Discrimination in all its forms, including racism, hate crime, stereotyping.

**Budgeting Skills:** Saving, borrowing, budgeting and making financial choices

<b>Spiritual</b> 1. Understanding and respecting different beliefs, feelings and values 4. Reflecting on experiences 5. Developing and expressing personal feelings, beliefs and values	<b>Moral</b> 1. Exploring different moral codes and values 2. Recognising the difference between right and wrong 3. Understanding the consequences of actions 4. Reflecting on moral and ethical issues 5. Developing and expressing personal views and moral values
---	---

<b>Social</b> 1. Developing social skills 2. Working with and socialising with pupils of different religious, ethnic and socio-economic backgrounds 3. Cooperating well with others 4. Reflecting on and being able to resolve conflicts effectively 5. Understanding the way communities and societies function at a variety of levels	<b>Cultural</b> 1. Understanding and appreciating the wide range of cultural influences that have shaped personal values and identity 2. Participating in and reflecting on a wide range of cultural opportunities 3. Exploring, understanding, celebrating and respecting cultural diversity in local, national and global communities 4. Willingness to participate in and respond to, eg, artistic, musical, sporting, mathematical, technological, scientific and cultural opportunities
--	--

#### Year 8 Summer: What we will study

**Drugs and alcohol:** Alcohol and drug misuse and pressures relating to drug use – specifically cannabis use.

**Health:** Dental health, bacteria, hygiene and viruses, first aid including CPR and Defibrillators.

<b>Spiritual</b> 1. Understanding and respecting different beliefs, feelings and values 4. Reflecting on experiences 5. Developing and expressing personal feelings, beliefs and values	<b>Moral</b> 1. Exploring different moral codes and values 2. Recognising the difference between right and wrong 3. Understanding the consequences of actions 4. Reflecting on moral and ethical issues 5. Developing and expressing personal views and moral values
<b>Social</b> 3. Cooperating well with others 6. Willing to participate in a variety of social settings	<b>Cultural</b>

#### Year 9 Winter: What we will study

**Intimate relationships:** Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography

**Respectful relationships:** healthy relationships, conflict resolution, and relationship changes, honour based violence, LGBT rights, the 2010 Equalities Act and protected characteristics, FGM

<b>Spiritual</b> 1. Understanding and respecting different beliefs, feelings and values 2. Experience fascination, wonder and awe 4. Reflecting on experiences 5. Developing and expressing personal feelings, beliefs and values	<b>Moral</b> 1. Exploring different moral codes and values 2. Recognising the difference between right and wrong 3. Understanding the consequences of actions 4. Reflecting on moral and ethical issues 5. Developing and expressing personal views and moral values
<b>Social</b> 1. Developing social skills 2. Working with and socialising with pupils of different religious, ethnic and socio-economic backgrounds 3. Cooperating well with others 4. Reflecting on and being able to resolve conflicts effectively 5. Understanding the way communities and societies function at a variety of levels 6. Willing to participate in a variety of social settings	<b>Cultural</b> 1. Understanding and appreciating the wide range of cultural influences that have shaped personal values and identity 3. Exploring, understanding, celebrating and respecting cultural diversity in local, national and global communities

#### Year 9 Spring: What we will study

**Setting goals & Employability skills:** Learning strengths, career options and goal setting as part of the GCSE options process **Mental Health:** Happiness, Anger, Mental Health First Aid, types of mental health issues including anxiety and depression. **Racism:** Contemporary racism, the law, specific look at Islamophobia

<b>Spiritual</b> 1. Understanding and respecting different beliefs, feelings and values 3. Using imagination and creativity in learning 4. Reflecting on experiences 5. Developing and expressing personal feelings, beliefs and values	<b>Moral</b> 1. Exploring different moral codes and values 2. Recognising the difference between right and wrong 3. Understanding the consequences of actions 4. Reflecting on moral and ethical issues 5. Developing and expressing personal views and moral values
<b>Social</b> 1. Developing social skills 2. Working with and socialising with pupils of different religious, ethnic and socio-economic backgrounds 3. Cooperating well with others 4. Reflecting on and being able to resolve conflicts effectively 5. Understanding the way communities and societies function at a variety of levels 6. Willing to participate in a variety of social settings	<b>Cultural</b> 1. Understanding and appreciating the wide range of cultural influences that have shaped personal values and identity 3. Exploring, understanding, celebrating and respecting cultural diversity in local, national and global communities

#### Year 9 Summer: What we will study

**Peer influence, substance use and gangs** Healthy and unhealthy friendships, assertiveness, alcohol misuse, and exploitation – CCE & CSE – grooming.

**Healthy lifestyle:** Diet, exercise, lifestyle balance and healthy choices, and first aid, blood, organ and stem cell donation, vaccinations, Gambling, Stress.

<b>Citizenship – Elections &amp; Manifestos</b>		
<b>Spiritual</b> 4. Reflecting on experiences 5. Developing and expressing personal feelings, beliefs and values	<b>Moral</b> 1. Exploring different moral codes and values 2. Recognising the difference between right and wrong 3. Understanding the consequences of actions 4. Reflecting on moral and ethical issues 5. Developing and expressing personal views and moral values	
<b>Social</b> 1. Developing social skills 3. Cooperating well with others 4. Reflecting on and being able to resolve conflicts effectively 5. Understanding the way communities and societies function at a variety of levels 6. Willing to participate in a variety of social settings	<b>Cultural</b> 4. Willingness to participate in and respond to, eg, artistic, musical, sporting, mathematical, technological, scientific and cultural opportunities	
<b>Year 10 Winter: What we will study</b>		
<b>Healthy relationships:</b> Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography, facts of pregnancy. Fertility and Menopause, contraceptive recap and CSE recap.		
<b>Spiritual</b> 1. Understanding and respecting different beliefs, feelings and values 3. Using imagination and creativity in learning 5. Developing and expressing personal feelings, beliefs and values	<b>Moral</b> 1. Exploring different moral codes and values 2. Recognising the difference between right and wrong 3. Understanding the consequences of actions 4. Reflecting on moral and ethical issues 5. Developing and expressing personal views and moral values	
<b>Social</b> 3. Cooperating well with others 4. Reflecting on and being able to resolve conflicts effectively	<b>Cultural</b> 1. Understanding and appreciating the wide range of cultural influences that have shaped personal values and identity	
<b>Year 10 Spring: What we will study</b>		
<b>Financial decision making:</b> The impact of financial decisions, debt, gambling and the impact of advertising on financial choices		
<b>Work experience:</b> Preparation for and evaluation of work experience and readiness for work		
<b>Spiritual</b>	<b>Moral</b> 1. Exploring different moral codes and values 2. Recognising the difference between right and wrong 3. Understanding the consequences of actions 4. Reflecting on moral and ethical issues 5. Developing and expressing personal views and moral values	
<b>Social</b> 1. Developing social skills 2. Working with and socialising with pupils of different religious, ethnic and socio-economic backgrounds 3. Cooperating well with others 4. Reflecting on and being able to resolve conflicts effectively 5. Understanding the way communities and societies function at a variety of levels 6. Willing to participate in a variety of social settings	<b>Cultural</b> 4. Willingness to participate in and respond to, eg, artistic, musical, sporting, mathematical, technological, scientific and cultural opportunities	
<b>Year 10 Summer: What we will study</b>		
<b>Health :</b> Road safety and avoiding accidents, first aid around psychoactive substances, benefits of sleep.		
<b>Technology :</b> Real Life vs Insta Life, How to recognise fake news, how data is shared and to keep it safe.		

<b>Spiritual</b> 4. Reflecting on experiences 5. Developing and expressing personal feelings, beliefs and values	<b>Moral</b> 1. Exploring different moral codes and values 2. Recognising the difference between right and wrong 3. Understanding the consequences of actions 4. Reflecting on moral and ethical issues 5. Developing and expressing personal views and moral values
<b>Social</b> 5. Understanding the way communities and societies function at a variety of levels 6. Willing to participate in a variety of social settings	<b>Cultural</b> 1. Understanding and appreciating the wide range of cultural influences that have shaped personal values and identity 3. Exploring, understanding, celebrating and respecting cultural diversity in local, national and global communities 4. Willingness to participate in and respond to, eg, artistic, musical, sporting, mathematical, technological, scientific and cultural opportunities

<b>Year 11 Winter: What we will study</b>	
<b>Communication in relationships:</b> Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse. Cancer and self – checking	
<b>Next Steps:</b> Budgeting based on a university scenario, IAG from careers team. CV writing. KS5 careers reflection time	
<b>Spiritual</b> 4. Reflecting on experiences 5. Developing and expressing personal feelings, beliefs and values	<b>Moral</b> 1. Exploring different moral codes and values 2. Recognising the difference between right and wrong 3. Understanding the consequences of actions
<b>Social</b> 1. Developing social skills 4. Reflecting on and being able to resolve conflicts effectively 5. Understanding the way communities and societies function at a variety of levels 6. Willing to participate in a variety of social settings	<b>Cultural</b> 3. Exploring, understanding, celebrating and respecting cultural diversity in local, national and global communities 4. Willingness to participate in and respond to, eg, artistic, musical, sporting, mathematical, technological, scientific and cultural opportunities
<b>Year 11 Spring: What we will study</b>	
<b>Next steps:</b> Application processes, and skills for further education, employment and career progression	
<b>Building for the future:</b> Self-efficacy, stress management, and future opportunities. Driving Safely, Managing technology effectively.	
<b>Spiritual</b> 3. Using imagination and creativity in learning 4. Reflecting on experiences 5. Developing and expressing personal feelings, beliefs and values	<b>Moral</b>
<b>Social</b> 1. Developing social skills 2. Working with and socialising with pupils of different religious, ethnic and socio-economic backgrounds 3. Cooperating well with others 4. Reflecting on and being able to resolve conflicts effectively	<b>Cultural</b>
<b>Year 11 Summer: What we will study</b>	

<b>Independence:</b> How to understand a pay slip <b>(Followed by Study Leave)</b>	
<b>Spiritual</b>	<b>Moral</b>
<b>Social</b> 5. Understanding the way communities and societies function at a variety of levels	<b>Cultural</b> 4. Willingness to participate in and respond to, eg, artistic, musical, sporting, mathematical, technological, scientific and cultural opportunities